



Welcome to Celestial Explorations

Supporting your spiritual development with friendly like-minded people,
whatever stage of the journey you are at ☐☐

Hello Friend and welcome to the Celestial Explorations bimonthly newsletter. The intention of this email is to share group and members' news, updates and information.

We will highlight speakers from recent and upcoming events and shine a spotlight on members so that they can share their practices, skills and thoughts.

If you are a group member who wishes to contribute to the newsletter, please email us with your idea.

Thank you and enjoy the read!

[Click here to email us](#)

The logo for Mind Hull and East Yorkshire, featuring a stylized white symbol resembling a flower or a star on a blue background, followed by the text "Mind Hull and East Yorkshire" in white.

Mind
Hull and
East Yorkshire

Mental Health Matters

This week 10-16 May 2021 is [Mental Health Awareness week](#).

Due to lockdown we all spent a lot of time isolated indoors. So this year's theme for MHAW is getting outside, exploring and celebrating nature and the environment.

We are delighted to announce that [Hull & East Yorkshire Mind](#) will be the guest charity at our Celestial Explorers Experience event in November (see more details for this below).



My Journey to Celestial Explorers

This features an individual's journey to Celestial Explorers. This issue will look at Michaela's journey to date....

What lead me here...As a Diagnostic Radiographer I always considered myself to be a woman of science having trained in a science-based profession which was interwoven with patient care. I was conventional, pragmatic and liked to see proof that something worked.

However, in 2001 there were very big changes in my life and literally everything changed, my long-term relationship, my job, my house and even my car. I am reminded of the phrase that change is the only thing that is constant. Someone once told me to look at nature as nature does change so beautifully and I am always reminded of this looking at autumnal leaves.

However everything I was defined by fell away.... During this change there were several key experiences that helped bring me to where I am now. First was the awakening where I was Introduced to Reiki. This continued over a number of years to where I became a Reiki Master.

During this time I was introduced to an amazing group of healers who met regularly for cosmic chats and coffee and healing and loving called the Hull Coffee Group, however we were also known as 'the women of the round table'

I moved to the Republic of Ireland which I suddenly felt drawn to despite never having been there and not knowing anyone there. Whilst having a base in Ireland I travelled extensively and visited several European Countries, The Arctic Circle, Peru and New Zealand. I settled in Ireland although still missed the group and would fly back regularly to join them. Last year I was Invited by Linda to one of the CE meetings.

How has CE has influenced my spiritual journey? It has reminded me of the importance and given me the space to be open to new possibilities. It has facilitated the exploration of learning about the Planets, Soul Coaching, Balance Exploration. Additionally, it has provided an opportunity for me to be with likeminded people.



Get in touch to be our next featured member

Speaker Profiles

Please read some profiles of recent and upcoming speakers.



Last Month's Speaker

Dr Karen E Wells

Dr Karen Wells was the speaker for our April meeting and joined us over Zoom from Australia! Karen is a therapist and tutor and specialises in Past Life Regression. She gave a really interesting talk which led to some wonderful conversation in the breakout rooms. Read more about Karen [here](#).



This Month's Speaker

Sue Coulson

Our speaker for the May meeting is Sue Coulson who is the founder of Cosmic Classroom In Avebury where she works closely with Earth and the Higher Dimensional Beings of Light of the Star Nations. Sue is going to share with us her experiences. Read more about Sue [here](#)

Read about more experienced practitioners here



Dates for your diary

Animal Energy World Conference 14-16 May

The theme of the conference is that animals are our teachers.

[Marie Holliday](#) is an extraordinary advocate for energy healing and energy healing for animals. The conference has drawn on International speakers have been drawn from across the globe including, Spain, America, France, Norway and the UK.

With a multitude of leading-edge experience in the energetic healing of animals and the environment. Participation in this conference can be for a single day up to all 3 days.

Find out more about the conference [here](#).

[YouTube conference trailer](#)

Celestial Explorers Experience – A Mind Body and Soul Event

Village Hotel 13 November 2021

Many of us remember our first experience holding the exhibition in 2019. It was a fabulous success. Unfortunately, our planned event for 2020 was cancelled along with most things due to the Covid 19 lockdown.

With a great deal of optimism and belief in the universe, we have made a booking at the Village Hotel for the use of their first floor facilities.

We have already received a number of confirmations for stands for the event and if you are interested contact info@celestialexplorers.co.uk and confirm your 'expression of interest' to receive information on our progress.

This is not a commitment to attend, only that you are interested. There will be no fees until much nearer the event and, if it should have to be cancelled there will be a full refund guarantee.

We will continue to maintain the variety of stands, talks and demonstrations that we delivered in 2019. In addition, we are delighted that [Mind, Hull and East Yorkshire](#) charity have confirmed their participation – subject to all rules etc relating to Covid 19 allowing us to go ahead.

You have nothing to lose, so put your name on one of our stands.

Contact Maureen Foers [07947808735](tel:07947808735) or email info@celestialexplorers.co.uk

Learning 2.0

The more I search, the more I find,
The more I find, the more I read,
The more I read, the more I think,
The more I think, the more I learn,
The more I learn, the more I do,
The more I do, the more I create,
The more I create, the more I share,
The more I share, the more I collaborate,
The more I collaborate, the more I communicate,
The more I Communicate, the more I connect,
The more I Connect, the more I learn, more I know.
And the more intelligent,
I Grow.

By Cheryl Capozzoli

Thank you for reading and we'll hopefully see you at a **meeting** soon.



Celestial Explorers

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